



## **NORDIE'S at NOON**

The Personal Stories of Four Women  
"Too Young" for Breast Cancer

### What People Are Saying About Nordie's at Noon

Winner of the 2007 Natalie Davis Spingarn Writer's Award  
– National Coalition for Cancer Survivorship

"*Nordie's at Noon* is an honest and inspiring testament to [these authors'] experiences which I am completely confident, having read it myself, will inspire thousands of women as it inspired me." –*Elizabeth Edwards*

#### **Book Reviews**

##### ***Library Journal* starred review**

"[A] funny, poignant, and exceedingly valuable resource... a superb text."

##### ***People Magazine* 4-star review**

"... this is a rare book that has the saddest of endings and yet still manages to be — yes — life affirming."

##### ***MS Magazine***

"Great reads for fall 2006" — "... a warm and intimate detailing of how cancer upends young lives."

##### ***Philadelphia Inquirer***

"Whether you're a woman who has herself been affected by breast cancer or a man who is as healthy as a horse, *Nordie's at Noon* is a lesson in the importance of treasuring friends and family, finding your inner strength, and embracing each day as a gift, if only because there may not necessarily be a tomorrow."

##### **Lifetimetv.com**

"*Nordie's at Noon*" is about, and was authored by, four twentysomethings who got together regularly for lunch in a café at Nordstrom. But don't expect the book to be your standard chick-lit fare. Instead, it's an emotional, touching and even funny memoir about how these women bonded over facing breast cancer together."

##### ***The Breast Care Site.com***

"*Nordie's at Noon* provides something for everyone dealing with breast cancer — and further explores what so many of us already know — that true friendship can see us through just about anything! Their combined insights...[encourage] women of all ages to be proactive when it comes to their health."

##### ***Today's Chicago Woman***

"It's more of a celebration of friendship and living life to the fullest."

**Newsweek.com**

“The stories in *Nordie’s at Noon* reflect both the triumphs and tragedies of the more than 250,000 American women under 40 who are currently living with breast cancer.”

***Health News Digest***

“NORDIES AT NOON is a wonderful read with a weighty message: all women need to be actively concerned about their breast health, not just in October, but all year long.”

***Beyond Live and Thrive***

“With its cheerful book jacket, this book looks like another *Sex and the City* "chick lit" knockoff - except the book's four authors were diagnosed with breast cancer during their 20s or early 30s. (Two of the women have since died.) They tell how they supported each other during lunches at a Nordstrom department store.”

***St. Petersburg Times***

"Each woman expressed gratitude for the silver linings in the cloud of breast cancer."

***Observer***

“Pick up a copy of *Nordie’s at Noon* on your way to your mammogram. It may literally be a lifesaver.”

***Chesterfield County, Virginia Public Library — October Book review***

"An insightful 'chicklit' view of breast cancer tells the stories of four women who developed the disease very early... Gathering at Nordstrom's for lunch, they share their struggle with cancer and gain strength from one another. Readers get to share as well, and learn lessons of survival, treatment, and friendship from these four brave women."

***Herald Standard***

“October is Breast Cancer Awareness month, and there may not be a better book to read at this time. Pick up a copy of "*Nordie's at Noon*" on your way to your mammogram. It may literally be a lifesaver.”

***Wichita Eagle***

“... these four women confront cancer and tell the rest of us exactly what it's like: physically, mentally and emotionally. They don't spare any details and don't sugar-coat the experience. And they keep their senses of humor throughout: Parts of the book bring tears to our eyes, then the next page sneaks in a laugh. "*Nordie's at Noon*" would be particularly helpful to young women facing cancer, but it's a book anyone can glean knowledge and insight from. Despite the fact that all of the women don't win the battle, the book is ultimately hopeful and inspiring.”

***The Pines – Southern Pines, North Carolina***

"It's a wonderfully written book, and after reading it, you'll feel as though these women have become your friends."

***The Huffington Post***

“It is clear that none of these survivors live their lives either defined or consumed by cancer. No doubt, their lives have changed since their cancer diagnosis. However they continue to not only survive but they thrive. We should all be so lucky.”

**PsycCRITIQUES.org**

"Will help many readers be more proactive with their health...Simple, honest, funny, heartbreaking, and inspirational."

**Kansas City Nursing News**

"Remarkable...Packed with the details of personal stories and leavened with humor...Their voices are distinct."

**About.com**

"These four young warriors will inspire you!"

## *Breast Cancer Community*

“Young women can and do get breast cancer but Nordie’s at Noon shows us all that a diagnosis of breast cancer can bring life, love, happiness and friendship into one’s world. Kim, Jennifer, Jana and Patti’s collective story is amazingly honest and inspiring. It is also a testament to the power of breast cancer awareness.”

*-Michelle Przypyszny, Former CEO, Young Survival Coalition*

“The four courageous women who have written about their survivorship with breast cancer have given us a rare, personal, and very intimate picture of what it is like to experience a devastating diagnosis at such a young age. More importantly, their words and expressions of joy and sorrow take us on a journey that serves to inform and empower the reader to take the unwanted diagnosis of cancer as an opportunity to not only survive, but to thrive. Even with this unwelcome intruder of cancer in their lives and the uncertainty of possible death as the outcome, their spirit, their wisdom, and their courage prevail throughout the pages of this inspiring book.”

*-Ellen Stovall, President & CEO, National Coalition for Cancer Survivorship (NCCS)*

“An inspiring and moving tale of the celebration of courage through the power of friendship.”

*-Deb Wiggins, Executive Director, National Consortium of Breast Centers, Inc.*

“This book speaks to everyone, especially those who have been touched by cancer. The thoughtful presentation of hope in the midst of the reality of breast cancer will serve as a resource for those in need of inspiration and knowledge about the disease.”

*-Sue-Desmond Hellmann, M.D., M.P.H., President, Genentech, Inc.*

“Nordie’s at Noon is uplifting...and reminds all of us battling this disease that we are not alone. There is power and healing in bonding with others during the breast cancer journey.”

*-Lillie Shockney, RN., BS., MAS, Johns Hopkins Avon Foundation Breast Center*

“The writing is fresh and the topics discussed touch on the emotional, social and physical experiences these women faced at a young age. This book is certain to offer hope and support to many readers.”

*-Pregnant with Cancer*

“The story of how these amazing women faced and fought cancer at a young age is as real as it gets. They spare not details, make us cry and laugh, and most important, they give great hope to any woman facing the disease, as well as to the husband or boyfriend who stands by her side.”

*-Marc Silver, author of Breast Cancer Husband*

“Nordie’s at Noon is a warm and moving testament to friendship and to the bonds forged in the authors’ battle against breast cancer. I highly recommend it for women of all ages, particularly college women and their parents who need to understand that breast cancer can happen to them.”

*-Becky H. Kirwan, President, Zeta Tau Alpha Foundation, Inc.*

“This book is a must-read for all young women faced with a diagnosis of breast cancer and for their support team, significant other, friends, and family. *Nordie’s at Noon* provides a brilliant insight into the collective thoughts and feelings of young women battling breast cancer and will also serve as an invaluable source of information for those in the health care field that care for young women with breast cancer.”

-Dr. Amie Jew, *Breast Surgeon*

“The authors of *Nordie’s at Noon* were able to capture the gamut of emotions young women face while battling breast cancer in their poignant writing. By having the courage to write about their experiences, they have given those who care for young women diagnosed with breast cancer an opportunity to better serve this unique patient population. I am grateful to the authors for their courage, honesty, and valuable insight.”

-Sheryle A. D’Amico, MHA, *Director - Oncology Center and Breast Center at Lawrence Memorial Hospital*

“I hope you get enough feedback to give you at least a little sense of how much this book has meant and will mean to the countless people who adopt it.”

-Dr. James Coster, *Kansas City Cancer Center*

"*Nordie's at Noon* is a must read for everybody. The experiences and insights of these four incredible women will bring about a fresh new perspective for each reader."

-Karin McCrary, RN – *Former Director of the Breast Center at Menorah Medical Center*

“I’m reading a book called *Nordie’s at Noon*. It’s a true story of 4 women’s personal accounts of being “too young” for breast cancer. They were diagnosed between the ages of 24 and 30. Their stories are real, hopeful, scary and uplifting all at once. It’s kind of like “Sex and the City” in book form. I highly recommend it to anyone, especially young women, going through breast cancer.”

-Heather Hibshman, *Executive Director - Pennsylvania Breast Cancer Coalition*

“Whether you are a breast cancer survivor,, caregiver, friend or are interested in finding out more, this book can help you learn what it’s like to be a young woman with breast cancer and, ultimately, find strength and inspiration.”

-Carla Strom, *MD Anderson Cancer Center*